

MENTAL HEALTH PARTNERSHIP WELFARE RIGHTS SERVICE

Free and Confidential

Holistic Advice from [RIVERSIDE ADVICE](#) with support from **4Winds** (a charity providing a range of mental health services who can provide emotional support) to increase income, reduce debts and keep homes energy efficient and warm.

Advice in WELFARE BENEFITS DEBT AND MONEY ENERGY EFFICIENCY

Problems with finance or Welfare Benefits causing you (or someone you care for) difficulties with your mental health and well-being?

Low income, loss of income, debt, applications for or problems with Welfare Benefits can be very stressful and difficult to manage without help.

Our project is here to help.

No formal referral needed, just call [RIVERSIDE ADVICE](#) on 02920 341577 for further information or to make an appointment.