

WHO CAN WE HELP

Project provides support to people who experience Mental Health Illness where problems with finances or Welfare Benefits are effecting your (or someone you care for) mental health and well-being

ABOUT RIVERSIDE ADVICE

Riverside Advice provides Specialist Advice service for welfare benefits, housing energy efficiency and Debt. Specialist Quality Mark Member of Advice UK

ABOUT 4 WINDS

4Winds is an independent, user led mental health charity working to improve mental health and wellbeing www.4Winds.org.uk

CONTACT US

For further information or to book an appointment call Riverside Advice on:

029 2034 1577

Monday to Friday

10am-1pm and 2pm-4pm

Reception Open

Monday - Friday

10am - 1pm

41a Lower Cathedral Road
Riverside
Cardiff
CF11 6LW

Charity No 1100551
Company No 4723825

RIVERSIDE ADVICE

4Winds 

Mental Health
Partnership Service

**FREE CONFIDENTIAL
HOLISTIC SUPPORTED
WELFARE RIGHTS SERVICE;**

- WELFARE BENEFITS
- DEBT
- Debt Relief Orders and Bankruptcy including funding fees
- Income maximisation
- Financial and budgeting advice
- Applications for white goods and write-off gas and electric arrears
- Energy efficiency advice
- Emotional support for mental health and wellbeing

 **British Gas
Energy Trust**

PARTNERSHIP SERVICES

RIVERSIDE ADVICE, a Specialist Quality Mark Welfare Rights organisation providing specialist help in **Welfare Benefits, Debt and Housing Advice** have partnered with **4Winds**, a charity providing a range of mental health services.

For this project **4Winds** will provide emotional and practical support and assistance through the welfare rights process if required.

PROJECT SERVICES

The Project will provide a holistic range of supported Welfare Rights services for those who have a mental health illness where financial and welfare benefit problems are affecting their mental health and well being.

KEY SERVICES:-

Welfare Benefits Advice

Debt, Money Advice, Debt Relief Orders

Energy efficiency, saving energy, reduce fuel bills, and stay warm and well at an affordable cost.

Mental health and wellbeing support

TRUST GRANT APPLICATIONS

The project can apply to Trusts including the British Gas Energy Trust for charitable grants to help clear Fuel arrears and give a fresh start to deal with future energy bills.

TRUST GRANT

APPLICATIONS CAN HELP YOU WITH;-

- Essential household items white goods/appliances
- Debts for domestic energy charges at your current property and previous property
- Boiler repairs and replacements
- Other household goods/ furniture if you have a family