



## **Person Specification for post of Primary Care Practitioner**

### **The following skills / qualities are essential to the post:**

- In-depth experience, knowledge and understanding of mental health issues and services and the problems faced by the people using them.
- An understanding of mild to moderate and severe but stable mental health presentations.
- An understanding of recovery and social inclusion in mental health.
- Ability to motivate and engage clients, offering various pathways to improve wellbeing.
- An understanding of safeguarding, risk assessment and professional boundaries.
- Experience of working (in a paid or voluntary capacity) in mental health or a related field for at least two years.
- Excellent communication and collaboration skills.
- Ability to work with staff and service users from diverse backgrounds in a non-judgmental, empowering and supportive manner.
- Ability to identify and manage risk incidents, react and work effectively under stress / crisis situations.
- Ability to work independently and as part of a team.
- Ability to work on own initiative and to organise/prioritise own workload and manage time.
- Good IT, organisational and administrative skills and the ability to carry out a range of office tasks (telephone, emails, word processing, using databases) accurately without supervision.
- An understanding of equal opportunities and confidentiality and other organisational policies and a commitment to implementing them.
- To positively welcome diversity at all levels of the organisation and to actively challenge any discrimination.

- To take part in further training to develop skills and abilities in relation to mental health and a commitment to keeping abreast of developments in the field.
- Flexibility to meet the demands of the service.
- Understanding of and interest in the voluntary and community sector.
- Ability to drive and the use of a motor vehicle.

**The following skills / qualities are desirable requirements of the post:**

- Knowledge or experience of counselling skills/ therapeutic approaches such as CBT (cognitive behavioural therapy)
- Relevant qualifications or training in mental health, social care or wellbeing.
- Experience of using outcome measures (Recovery star, CORE OM, CORE 10)
- Experience delivering group work, workshops, or psych-educational courses.
- Previous work experience in the voluntary sector.
- Ability to speak Welsh or any community language.

April 2026